SENIOR SESSIONS

NOVEMBER 2026

College and Career Exploration

Need help figuring out what to do after high school?

Use one of these Career Exploration tools...

CALIFORNIA COLLEGES.edu
DISCOVER. PLAN. LAUNCH.

careeronestop

FOR STUDENTS

EXPLORE CAREERS. GET REAL EXPERIENCE.



1. **EXPLORE YOUR FUTURE**
   Interests, pathways, college and career readiness.

2. **INTERESTED IN AN INTERNSHIP?**
   Hands-on experience with a local employer.

3. **CURIOUS ABOUT A JOB SHADOW?**
   Spend time with a professional and see the work up close.

SCAN TO BOOK TIME WITH MR. HUGHES

PHS Wednesdays and Casa Grande Thursdays, 9:00 to 11:30 AM

vhughes@petk12.org | (707) 835-1023



Victor Hughes, Work-Based Learning Coordinator
vhughes@petk12.org | (707) 835-1023

Learn Hands-On Skills in the Trades

SENIORS

North Bay Construction Corps

- 3-month basic construction training course
- Classes meet on **weeknights and Saturdays** (spring semester)
- Safety certifications, CPR, & tool training
- Eligible for 2-week boot camp, paid internship, **$750 stipend**
- Apply in December

ALL GRADES

SRJC Construction Center

- Hands-on classes & specialized certificates
- Spring semester courses and Summer Construction Camps available
- Covers safety, carpentry, electrical, plumbing, & HVAC
- Dual Enrollment may qualify you for an **OFF PERIOD**
- Apply in December

AGES 16–24

NextGen Trades Academy

- Comprehensive training in **14 construction fields**
- Work & life skills, personal finance, budgeting
- Resume writing & job interview coaching
- Participation may qualify you for an **OFF PERIOD**
- Leads to employment & apprenticeships

Interested in trade opportunities? Click the links, talk to your counselor, or visit Mr. Silver in the College & Career Center for details!

JumpStart Your College Experience SRJC

JumpStart Students Have:

1. Completed the summer/fall 2027 SRJC application
2. IEP/504 Students – completed the SRJC Disability Resource Department (DRD) Request for Services application

** You cannot do the next steps without completing the SRJC fall 2027 application**

JumpStart Your College Experience SRJC

Next Step:

Sign up for JumpStart workshop #2 - Tues Nov 17 & Wed Nov 18 in the CGHS Library

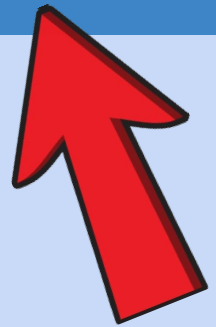
During workshop #2 you will:

1. Access your SRJC ID#
2. Access your SRJC Bear Cub Email
3. Log into your SRJC Bear Cub Student Portal
4. Complete the SRJC Online Orientation

JumpStart
Your College Experience
SRJC

SIGN UP HERE!
link also in your email

only sign up for ONE time



Workshop #2 dates/times

Tues 11/17

Period 1: 8:30 - 10am

Period 2: 10:20 - 11:45am

Period 3: 12:25 - 1:50pm

Period 4: 2:00 - 3:25pm

Wed 11/18

Period 1: 8:30 - 10am

Advisory: 10:20 - 11:20am

NOTE: this block is only 1 hour long – for students who have already accessed their SRJC Bear Cub Hub

Period 6: 11:30am - 12:55pm

Period 7: 1:35 - 3:00pm

JumpStart Your College Experience SRJC

For Workshop #2, you will need to:

Show up to the CGHS library at the start of the period you signed up for. Your attendance will be cleared for that period.

Bring:

- A charged device
- Headphones for your device, if you have some – ideal, but not required, for the online orientation
- Your SRJC ID #, if you received it in your Welcome to SRJC email

JumpStart Your College Experience SRJC

SRJC Office Hours This Week!

Did you miss the first SRJC workshop and need to get caught up? Do you need support with Dual Enrollment?



Drop into the CCC this Thursday Nov. 5th at 11:45am-12:45pm for support!

JumpStart
Your College Experience
SRJC

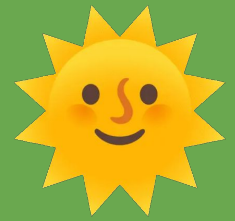
Keep up with all Jumpstart information/future events on our website HERE!



College Highlights

College, yes! But sunny, warm, and not impacted? Check out these CSU's:

CSUSM **San Marcos - near San Diego: 95%!!**



CSUDH **Dominguez Hills - near Long Beach: 93%!**

Cal Poly Pomona **between LA and Orange County: 75%**

Cal State Channel Islands **near Ventura: 95%!!**





College Applications

Submit CSU Applications: Oct 1st - Dec 1st

Submit UC Applications: Oct 1st - Dec 1st

Independent School, Out of State, and Common App Deadlines vary. Check school websites.

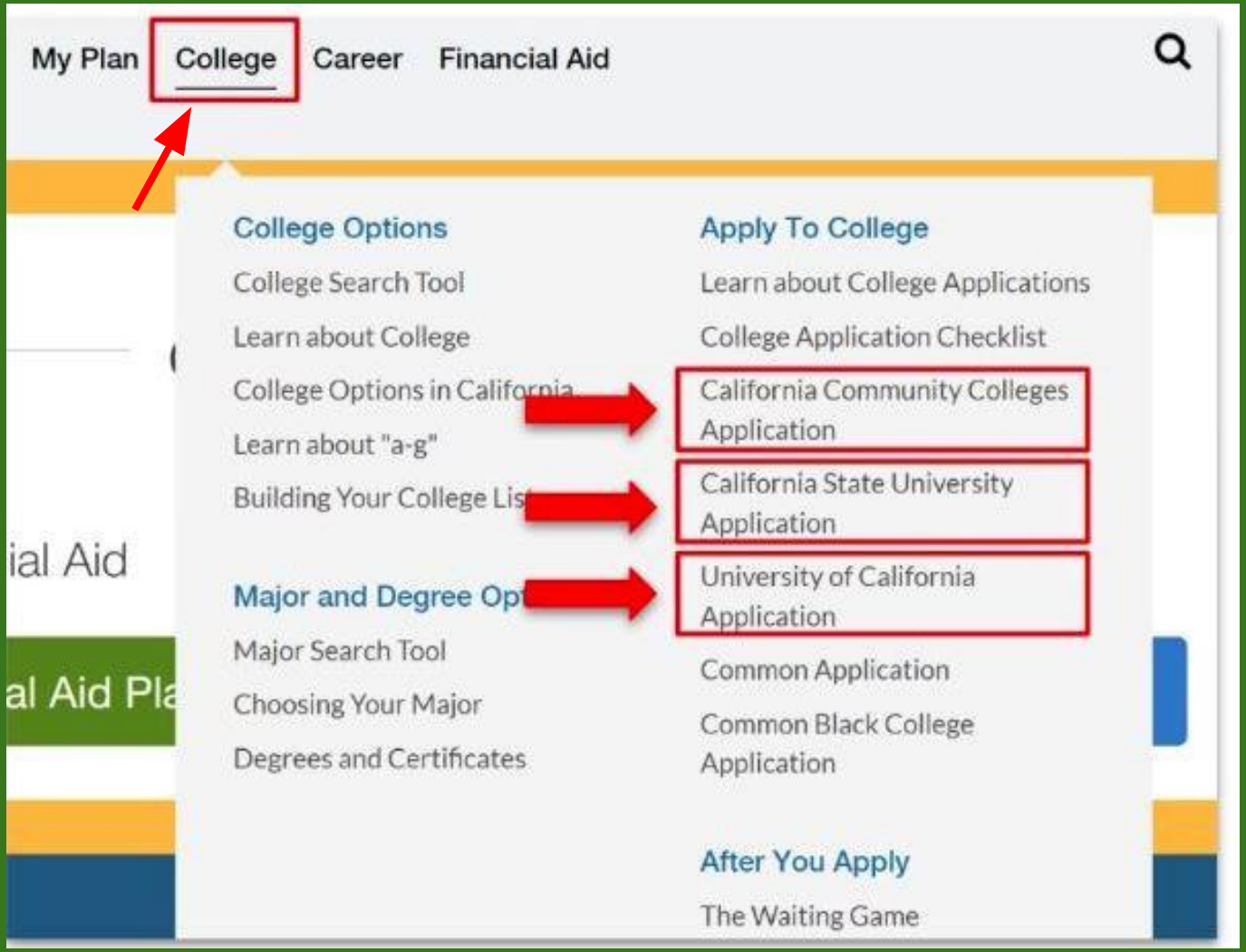
College Applications

Quickly transfer your CGHS course and grade data through Californiacolleges.edu into your UC and CSU applications.

STEP 1: Log into your Californiacolleges.edu Account.

Video: https://www.iorad.com/player/2321490/How-to-Register-Your-Student-Account?iframeHash=trysteps-1#trysteps-1

STEP 2: Select the college application of your choice



College Applications

STEP 3: Use these videos to learn how to connect applications and import your course data.

- How to launch and track your SRJC and other community college applications (CCCApply)

- How to launch your Cal State Application
- Import courses and grades to your Cal State Apply

- How to launch your UC Application
- Import courses and grades to your UC Application

College Applications

If you use the Californiacolleges.edu data transfer into CSU and UC applications, be sure to change 12th grade coursework from year-long courses to semester-long "In Progress" and "Planned" courses.

See your counselor, Mr. Silver, or our 10KD advisers in the CCC for help.

College Applications

UC Personal Insight Questions (PIQ) Guide

Learn how to connect your PIQ responses to each of the UC Comprehensive Review elements.

Application Workshops in the CCC with Mr. Silver and 10K Degrees

Email to request a pass:

dsilver@petk12.org

maria.calvillo@10000degrees.org

jay.zaragoza@10000degrees.org

09/30	UC APPLICATION + FAFSA/CADAA | 6TH PERIOD-3:00PM WEDNESDAY
10/07	CSU APPLICATION + FAFSA/CADAA |6TH PERIOD-3:00PM WEDNESDAY
10/14	CSU APPLICATION + FAFSA/CADAA | 6TH PERIOD-3:00PM WEDNESDAY
10/21	UC APPLICATION + FAFSA AND CADAA | 6TH PERIOD-3:00PM WEDNESDAY
10/28	COLLEGE APPS + FAFSA/CADAA | 6TH PERIOD-3:00PM WEDNESDAY
11/04	COLLEGE APPS + FAFSA/CADAA | 6TH PERIOD-3:00PM WEDNESDAY
11/18	COLLEGE APPS + FAFSA/CADAA | 6TH PERIOD-3:00PM WEDNESDAY

OFFICE HOURS

TUESDAYS: 9:00AM - 3:00PM
WEDNESDAYS: 9:00AM - 3:00PM
LOCATION: College and Career Center



LUPE CALVILLO
maria.calvillo@10000degrees.org
on (415) 484-4722



JAY ZARAGOZA
jay.zaragoza@10000degrees.org
on (415) 726-2229

Follow us on Instagram: @10kd_College_Access

ABOUT US

10,000 Degrees is a non-profit college access organization supporting students across **8 Bay Area counties with all college-related needs.**

WE CAN SUPPORT YOU WITH:

- Financial Aid
- College Applications
- College Exploration
- 10,000 Degrees Scholarship



All services are free and there is no GPA requirement!

Bring Your Own Questions!

10000DEGREES.ORG

Get answers to application questions online, after school...

Click the links below to access workshops and live support resources

FINANCIAL AID



[10000 Degrees Financial Aid Submit Workshops]

ZOOM LIVE SUPPORT



[ALL Applications Support - After School, Online, and Bilingual E-Scholar Support via Zoom]

SCHOLARSHIPS



[10000 Degrees Scholarships Application Info - English]

[Becas de 10000 Degrees - Espanol]

$ Financial Aid $

Financial Aid is for EVERYONE (SRJC, UCs, CSUs, private colleges, trade schools, etc.)

Choose the correct application:

Free Application for Federal Student Aid (FAFSA)

or

California Dream Act Application (CADAA)

Apply now!

$ Financial Aid $

Cash for College Application Workshop

★ Advisers speak Spanish and English

November 30th
CGHS Library

Drop-in any time between
6:00PM - 8:00PM
Bring a charged laptop or Chromebook
Bring a parent

$ Scholarships $

College & Career Center scholarship listings

Check the lists at least bi-weekly. It is updated regularly.



$ Scholarships $

Click

fastweb!

NICHE

going merry by earnest

appily

BigFuture

FREE Scholarship Databases (Your data is their product)

Keep informed about College visits, scholarships and other updates

Link to C&CC Instagram:

@CGHS_COLLEGE_CAREER_CENTER

Link to C&CC webpage:

COLLEGE & CAREER CENTER WEBPAGE

Letter of Recommendation

- Recommenders are usually teachers and/or school counselors
- Opportunity for schools to learn about you beyond courses and grades
- May be required or optional for some Common App/out of state/private schools and scholarships
- Ask recommenders 4 weeks in prior to due date
- Provide recommenders with Letter of Rec Profile

Transcripts

- Transcripts required for some scholarships, college applications, NCAA, and your final college destination
- CGHS online Transcript Request Form
- Request SRJC and other non-Casa transcripts from other schools as needed