



What Does it Mean to Be A Recruitable Athlete...?

SPEAKER BIO

Julian Jenkins

- Senior Director of Recruiting
- Gatorade Player of the Year
- 4-Star, HS All-American
- Stanford University football, captain,
- NFL w/ Tampa Bay and Denver
- CFL & NFL Scouting
- Travels the world to speak to families on how to leverage sports for education and opportunity



Phone: 415-570-7530

Email: jjenkins@ncsasports.org

Insta: [ncsa_sports](https://www.instagram.com/ncsa_sports)

NCSA COLLEGE RECRUITING



TRUSTED BY THE BEST

Notable NCSA Partners:



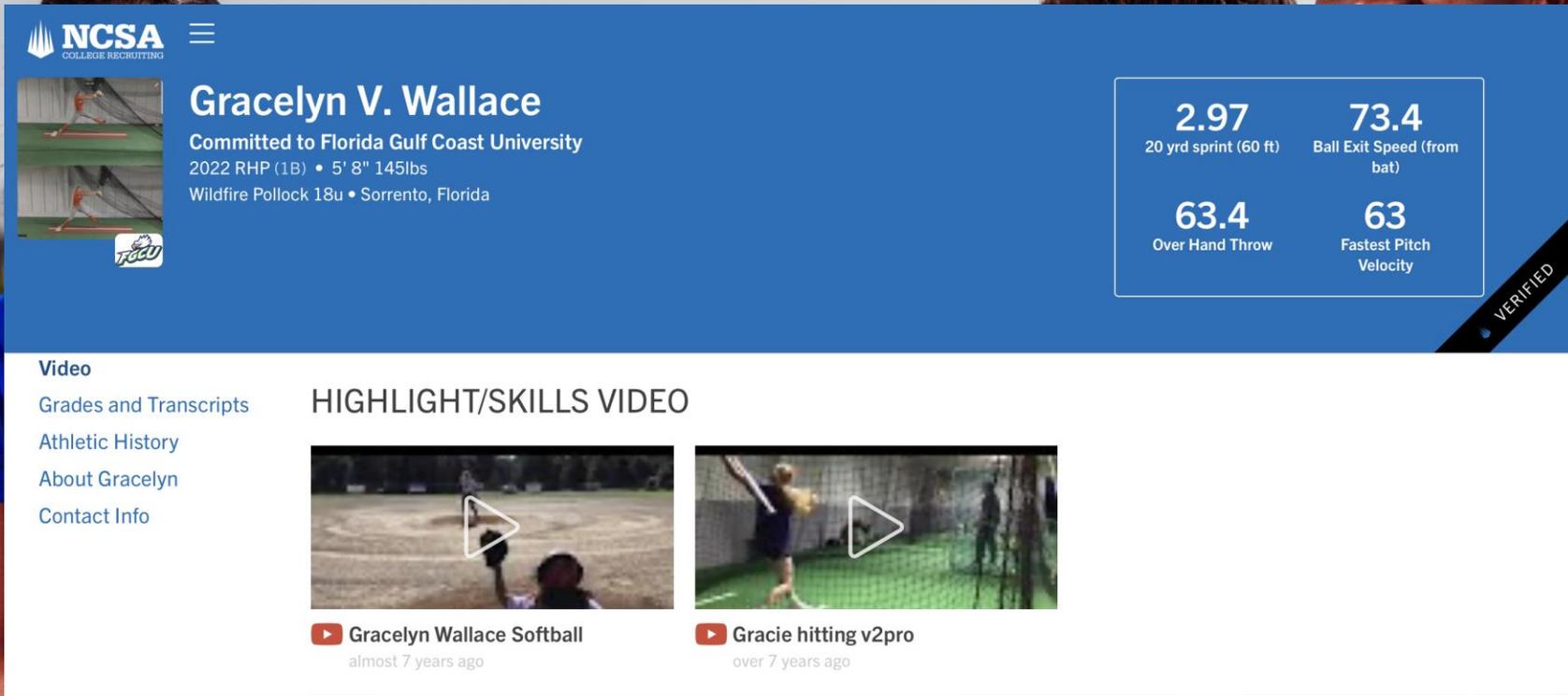
IMG Academy Campus in Bradenton, Florida

Leader in athletic-academic **education & development** for student-athletes

IMG Academy+ Online includes **mental performance & nutrition coaching**

www.imgacademy.com

FIND THE RIGHT FIT WITH YOUR ONLINE PROFILE & PERSONAL GUIDANCE:



The screenshot shows a user profile for Gracelyn V. Wallace on the NCSA College Recruiting platform. The profile includes a header with the NCSA logo, a profile picture, and a list of statistics. Below the statistics are video highlights and a navigation menu.

NCSA COLLEGE RECRUITING

Gracelyn V. Wallace
Committed to Florida Gulf Coast University
2022 RHP (1B) • 5' 8" 145lbs
Wildfire Pollock 18u • Sorrento, Florida

2.97 20 yrd sprint (60 ft)	73.4 Ball Exit Speed (from bat)
63.4 Over Hand Throw	63 Fastest Pitch Velocity

Video
Grades and Transcripts
Athletic History
About Gracelyn
Contact Info

HIGHLIGHT/SKILLS VIDEO

- Gracelyn Wallace Softball**
almost 7 years ago
- Gracie hitting v2pro**
over 7 years ago

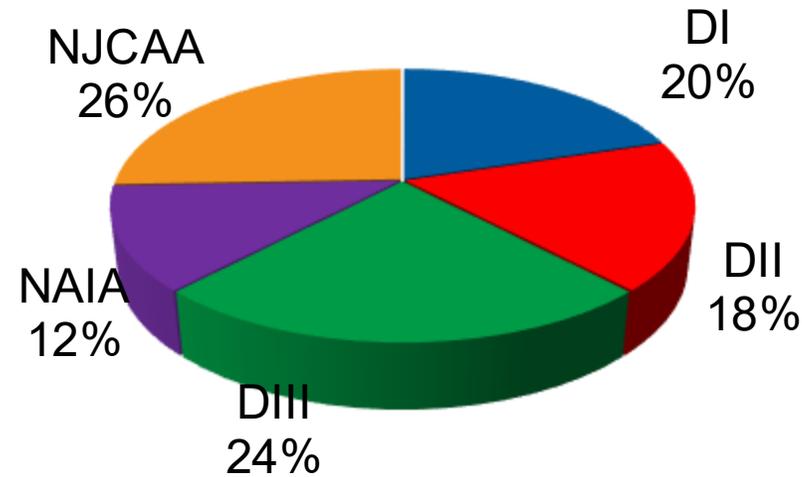
VERIFIED

Get Discovered by
Top Schools with
NCSA profile

WHAT DOES BEING RECRUITED LOOK LIKE?

<u>GRAD YEAR</u>	<u>COLLEGE COACHES DOING?</u>	<u>SA COULD BE GETTING?</u>	<u>SA SHOULD BE DOING?</u>
Freshman	<ul style="list-style-type: none">• Recruitable at 13 yrs old• Building prospect lists of SAs	<ul style="list-style-type: none">• Generic recruiting materials• Camp invites, questionnaires	<ul style="list-style-type: none">• Researching schools/target list• Collecting video
Sophomores	<ul style="list-style-type: none">• Evaluating SAs; going to games• Prioritizing top prospects• In-person evaluations/direct contact• Setting up on-campus visits• Narrowing down prospect lists	<ul style="list-style-type: none">• More recruiting materials ^^• Nothing? = RED FLAG• If not on track by end of soph yr → behind.• Calls/texts/emails/DMs• Verbal offers	<ul style="list-style-type: none">• Online presence/athletic resume• Putting HL videos together• Emailing coaches• Consistently communicating• Proactively reaching out• Sending edited HL's to schools
Juniors	<ul style="list-style-type: none">• Setting up official on-campus visits• Finalizing roster spots• Offering scholarships	<ul style="list-style-type: none">• Consistent contact• Multiple offers	<ul style="list-style-type: none">• Sending updated resume/HL tape• It's now or never!
Seniors			

Where are you Qualified to Play...?



Have clear expectations of the college programs you qualify for based on athletic and academic performance, whether that's DI, DII, DIII, NAIA or NJCAA. ***Nothing is more important than finding the college fit that is right for you not only for athletics, but academics as well.*** Do your research: student-athletes serious about competing at the college-level need to research and contact at least 50-100 realistic programs.

What Are College Coaches Looking For...?

Search Results

[Find Colleges](#) > Search Results

College	Division	Athletic Selectivity	Academic Selectivity	Tuition In	Tuition Out	Enrollment (Undergrad)	Roster Opening	Recently Active	Match Level
 San Diego State University SAN DIEGO, CA Match Analysis	NCAA I	Most Competitive	Selective	\$8,290	\$20,170	30,228	🔒	🔒	🔒
 Saint Mary's College of California MORAGA, CA Match Analysis	NCAA I	Most Competitive	Selective	\$56,134	\$56,134	1,943	🔒	🔒	🔒
 San Francisco State University SAN FRANCISCO, CA Match Analysis	NCAA II	Most Competitive	Somewhat Selective	\$8,256	\$21,576	16,695	🔒	🔒	🔒
 Concordia University Irvine IRVINE, CA Match Analysis	NCAA II	Most Competitive	Somewhat Selective	\$40,510	\$40,510	1,417	🔒	🔒	🔒
 University of California - Merced MERCED, CA Match Analysis	NAIA	All Others	Somewhat Selective	\$14,167	\$44,944	8,266	🔒	🔒	🔒

 Boston University BOSTON, MA Match Analysis	NCAA I	Most Competitive	Most Selective	\$66,670	\$66,670	17,734			
 Duke University DURHAM, NC Match Analysis	NCAA I	Most Competitive	Most Selective	\$68,758	\$68,758	6,435			

 University of North Carolina at Pembroke PEMBROKE, NC Match Analysis	NCAA II	Most Competitive	Somewhat Selective	\$3,495	\$7,495	4,230			
 Amherst College AMHERST, MA Match Analysis	NCAA III	Most Competitive	Most Selective	\$64,100	\$64,100	1,898			

What are Coaches Looking For...?

Baseball Recruiting Guidelines by Division

	Division 1	Division 2	Division 3	NAIA	NJCAA/JUCO
RHP	86 mph+ FB velocity	84 mph+ FB velocity	80 mph+ FB velocity	80 mph+ FB velocity	80 mph+ FB velocity
LHP	84 mph+ FB velocity	82 mph+ FB velocity	78 mph+ FB velocity	78 mph FB velocity	78 mph FB velocity
CI	Mid-90 mph exit velocity, 87 mph+ IF velocity	Low-90 mph exit velocity, 83 mph+ IF velocity	Mid-80 mph exit velocity, 80 mph+ IF velocity	Mid-80 mph exit velocity, 80 mph+ IF velocity	Mid-80 mph exit velocity, 80 mph+ IF velocity
MI	Sub-6.85 60 yard dash, 87 mph+ IF velocity	Sub-6.9 60 yard dash, 84 mph+ IF velocity	Sub-7.0 60 yard dash, 80 mph+ IF velocity	Sub-7.0 60 yard dash, 82 mph+ IF velocity	Sub-7.0 60 yard dash, 82 mph+ IF velocity
CF	Sub-6.7 60 yard dash, 87 mph+ OF velocity, 92 mph+ exit velocity	Sub-6.9 60 yard dash, 84 mph+ OF velocity, 87 mph+ exit velocity	Sub-6.9 60 yard dash, 80 mph+ OF velocity, 83 mph+ exit velocity	Sub-6.9 60 yard dash, 82 mph+ OF velocity, 84 mph+ exit velocity	Sub-6.9 60 yard dash, 82 mph+ OF velocity, 84 mph+ exit velocity
CO	Sub-7.0 60 yard dash, 87 mph+ OF velocity, 92 mph+ exit velocity	Sub-7.2 60 yard dash, 84 mph+ OF velocity, 88 mph+ exit velocity	Sub-7.4 60 yard dash, 80 mph+ OF velocity, 82 mph+ exit velocity	Sub-7.4 60 yard dash, 82 mph+ OF velocity, 83 mph+ exit velocity	Sub-7.4 60 yard dash, 82 mph+ OF velocity, 83 mph+ exit velocity
C	Sub-2.0 showcase pop time, elite arm accuracy	Sub-2.0 showcase pop time, good arm accuracy	Sub-2.05 showcase pop time, good arm accuracy	Sub-2.05 showcase pop time, good arm accuracy	Sub-2.05 showcase pop time, good arm accuracy

*Listed physical features portray the prototypical recruit for each division level. An athlete's athleticism and explosiveness on film is the determining factor for most coaches, so size and athleticism are on a sliding scale.

College Baseball Teams

For NCAA Division I college baseball, the roster limit has been set at **34 players**, effective for the 2026 season (starting December 1st, 2025). This is a decrease from the previous 40-player limit and means that programs must now select a smaller number of athletes to be on the roster. The 34-player limit includes all walk-ons, and while there's no cap on the number of players for the fall roster in 2025, it will be 38 in subsequent years.

NCSA is the Official Recruiting Service of



Baseball is an equivalency sport, which means that all scholarships are not guaranteed full-rides. Partial scholarships may be awarded to meet the school's limit. For example, a Division 2 school can award half-scholarships to 18 players to meet the limit of 9 per team.

What are coaches looking for?

Online Resume

- Academics: Show Commitment
- Video: Showcase Skills
- Experience: Progress & Development

- Communication & Social Media

- In-Person Events: Tournaments, Showcases

- FIT

EXPERT ADVICE

An evaluation with a recruiting expert can help you narrow your college search to schools that are likely matches based on your qualifications.

1%

DID YOU KNOW

Be realistic. Only 1% of student-athletes earn a Division I full ride. In fact, more than 94% of the college athletic programs are outside of Division I.

How to Qualify Academically?

- REGISTER for NCAA Eligibility
- REGISTER as an international student
- Eligibilitycenter.org
- Complete NCAA 16 Core Classes
- Earn Min 2.3 GPA for Division 1 (2.2 at Division 2)
- Complete 10 Core Classes before 7th Semester
- *Become an Early Academic Qualifier (3.0 GPA)
- Score Well on Standardize Testing: SAT/ACT
- Leverage the Path to College Timeline



ACCOUNT OPTIONS

Your first step to becoming an
NCAA student-athlete

Profile Account vs. Certification Account

FREE

FEE: \$110

Want more information?

Contact Julian Jenkins

jjenkins@ncsasports.org

415-570-7530

What Can You Be Doing?

- Get Educated
- Get Evaluated
- Use Technology

Underclassmen

- Understand your athlete's ability
- Showcase development
- Leverage the Recruiting Timeline

Upperclassmen

- Get exposure
- Find "best match" schools
- Get commitment from coaches



WHAT CAN YOU BE DOING? BUILD YOUR BRAND

Questions? Visit our [Help Desk](#)

IWLCA RECRUITS
POWERED BY SportsRecruits



Darcy Doyle

Attack, Draw Specialist

2026	Grafton, WI	National 2026, Black Lax	6'1"
GRAD YR	HOMETOWN	CLUB	HT

[Video](#) [Contact](#) [Athletic](#) [Academic](#)

Video



Darcy Doyle 2026 - Summer ...

969 Views • Aug 11, 2024

← Post



Travis Wilson

@travisWSN

In what may be the first NIL deal signed by a high school athlete in Wisconsin history after it was approved by schools in April and officially in place as of yesterday, University School of Milwaukee junior girls lacrosse player Darcy Doyle has signed an NIL deal with Walny Legal Group LLC.

More from Walny Legal on this deal:

Eido Walny, founder and managing partner of Walny Legal Group, LLC, has recently signed Darcy Doyle, a junior at University School-Milwaukee, to the first-of-its-kind NIL deal between a business entity and a high school athlete, as recently approved by the Wisconsin Interscholastic Athletic Association (WIAA)

Doyle, a lacrosse star athlete, was all-conference, all-state and all-American in her freshman and sophomore years and is currently leading the #1-ranked lacrosse team in Wisconsin in goals scored. She is the daughter of Joe and Jenny Doyle of Grafton, Wisconsin.

“We are thrilled for Darcy and thankful for the opportunity the WIAA has allowed her. We both played high school and college sports and think it's exciting that student athletes and programs now have these opportunities,” her parents said.

Doyle is committed to Northwestern University to play lacrosse. The third-ranked Wildcats, currently playing in the NCAA Final Four, have eight national championships, and are the reigning Big Ten conference and tournament champions. Doyle is a current member of Black Lax which is led by Meredith Black, head coach of the Marquette University

HOW CAN NCSA HELP?: PREMIUM MEMBERSHIPS AVAILABLE

Get Online Now With An NCSA Profile

- One-stop shop for college coaches to learn anything they need to learn about your athlete as a prospect
- Videos
- Ranking
- Transcripts
- Schedule/Events
- Contact Information





- Year-round camps
- One-on-one nutrition and mental performance coaching
- On-demand resource library
- World's largest college recruiting service
- Resources for club + high school coaches

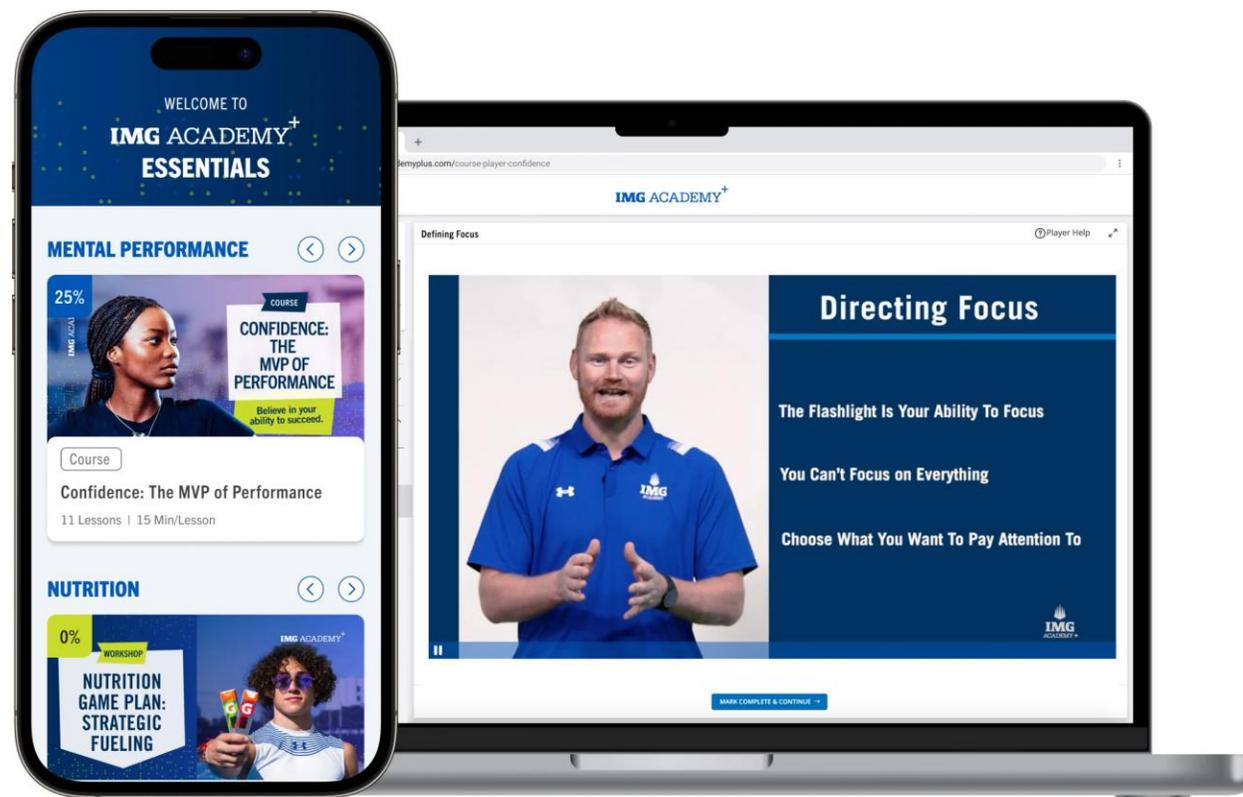
SHOW COACHES YOU'RE A LEADER ON AND OFF THE FIELD

Learn how to be confident, focused and a good teammate NOW

- Have a bad moment in a game? Mental performance coaching and best practices can help you learn how to refocus and move forward
- Confidence: Strong body language, positive self-talk and the right mindset can boost your performance

Fuel Yourself

- Make sure you understand what you should be eating, when and how to stay hydrated to perform at your best



GUIDANCE AND CREATION OF PROPER HIGHLIGHT & SKILLS REELS



Video by NCSA: Premium

FOOTBALL SCOUTING REPORT



JUSTIN MCHALE

2017 Running Back | 5'11" 195 lbs | 3.8 / 4.0 GPA
Valencia High School | Yorba Linda, California



VIDEO BREAKDOWN

Your highlight video is one of the first ways a college coach is going to learn about you. Here's what looked great in your video, and what you can focus on for the next video you shoot:

- Clip 1:** Good burst and vision. Lateral quickness and agility need to be better.
- Clip 2:** Excellent acceleration out of your break. Route running needs work.
- Clip 3:** Blocking is a strength of yours. Keep up the hard work.
- Clip 4:** First step looks slow here. I would consider taking this play out of your video.
- Clip 5:** Great vision! This is the best play I watched!
- Clip 6:** Coaches won't like that you caught from behind on this one. Big gain, but not a good play for you.
- Clip 7:** Way to get in the end zone! Coaches will like how you finish.
- Clip 8:** Look a little stiff on this one. Keep working on hip flexibility.

Custom evaluation session:
Premium



KEY SKILLS

Position: **Running Back**

You have a lot to bring to a college roster, Justin! Here's how you looked in some of the most important areas college coaches evaluate baseball players for:

- Size/Strength/Speed:** Compact build with solid playing speed. Would benefit from increased burst; plays with good strength as a runner when lowering his pads.
- Vision:** Is a patient runner who will quickly work to the LOS and make decisive cuts. Is able to exploit cutback lanes.
- Power/Balance:** Runs with a solid base. Will lower his pads and fall forward consistently at the end of runs.
- Elusiveness:** Is a one cut and get north type runner. Flashes the foot speed to make defenders miss in confined areas.
- Durability/Toughness:** Will take multiple hits between the tackles and bounce right back. Not afraid of contact.
- Inside Running:** Will locate in-line seams and get north to work into the 2nd level. Will pull away from defenders at times.
- Outside Running:** Shows the ability to gain the edge and stick his foot in the ground to out run poor pursuit angles.
- Versatility/3rd Down:** Has the ability to align at receiver and catch quick passes to get north.

Know where you stand to
maximize your time and effort!

How Can NCSA Help? ONLINE PROFILE:



☰

Luke Adrian

2025 Defensive Tackle (DB) • 6' 5" 190lbs • 4.60 / 5.0 GPA
 Bais Sarah-Educ School For Girls • Chicago, New York
 ✉ chris.kare@recruitinginfo.org 📞 (888) 333-6676 🐦 @superionnam232

5.6
40 Yard Dash

20.5
5-10-5 Shuttle

225
Bench Press

275
Squat

Video

[Grades and Transcripts](#)

[Athletic History](#)

[About Luke](#)

[Contact Info](#)

HIGHLIGHT/SKILLS VIDEO

New Video
over 1 year ago

2021 Spotlight
about 3 years ago

Test
over 7 years ago

ACADEMIC INFO

GPA
4.60 / 5.0

[View Transcript](#) - Testing

ACT
28 / 36

Other Notes:
Lorem ipsum dolor sit amet, consectetur adipiscing elit. Aenean laoreet metus massa, quis sollicitud

Other N

Core GP

Rank: 2

Luke Adrian's Key Stats History

40 Yard Dash	5.6	CURRENT	
5-10-5 Shuttle	20.5	CURRENT	
Bench Press	225	CURRENT	
Squat	275	CURRENT	Verified By: coach2 Verified On: 02/04/2020
Vertical	27	CURRENT	Verified By: coach Verified On: 02/02/2020

EVENTS

Upcoming Events

NCSA COLLEGE SHOWCASE AT IMG ACADEMY
Nov 06, 2024 - Nov 10, 2024 IMG Academy, Bradenton, FL

Past Events

SECTIONAL CAMP
Jun 07, 2024 - Jun 09, 2024 Central High School, Chicago, IL

How Can NCSA Help?

SOCIAL MEDIA:



JSmith_11
65 Posts 240 Followers 210 Following

James Smith
University High '26 / CHI Soccer Select #
@chi_soccer_select
5'8" Forward
4.0 GPA
"Success is no accident." - Pele
bit.ly/NCSAProfile
Chicago, IL

Follow

Game highli... Skills challe... Shooting dr... Team travel

Annotations:

- Use your real name. Your handle should be easily searchable.
- Use a photo of you in your uniform
- Include your high school, class year, club team and position. Extra tip! Add your club team or high school's Instagram handle for college coaches to find.
- Link to your NCSA recruiting Profile or highlight video
- Use your current location

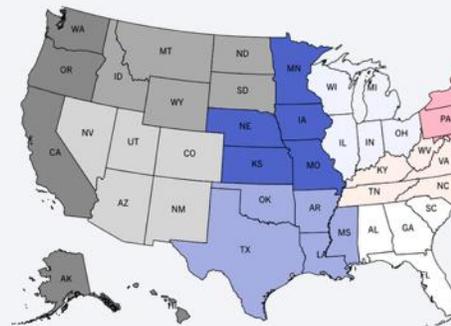
SEARCH FOR SPORT SPECIFIC COLLEGES

Advanced Search Options:

Division, Academic
Selectivity, Tuition Cost,
Enrollment Size, School
Setting, Major

[Colleges](#) [Roster Openings](#)

Enter a college name, use the filters below or [search using your saved preferences.](#)



- | Select All | Remove All | | |
|---------------|---------------|--------------|--------------|
| Alabama | Alaska | Arizona | Arkansas |
| California | Colorado | Connecticut | DC |
| Delaware | Florida | Georgia | Hawaii |
| Idaho | Illinois | Indiana | Iowa |
| Kansas | Kentucky | Louisiana | Maine |
| Maryland | Massachusetts | Michigan | Minnesota |
| Mississippi | Missouri | Montana | N. Carolina |
| N. Dakota | N. Hampshire | Nebraska | Nevada |
| New Jersey | New Mexico | New York | Ohio |
| Oklahoma | Oregon | Pennsylvania | Rhode Island |
| S. Carolina | S. Dakota | Tennessee | Texas |
| Utah | Vermont | Virginia | Washington |
| West Virginia | Wisconsin | Wyoming | |

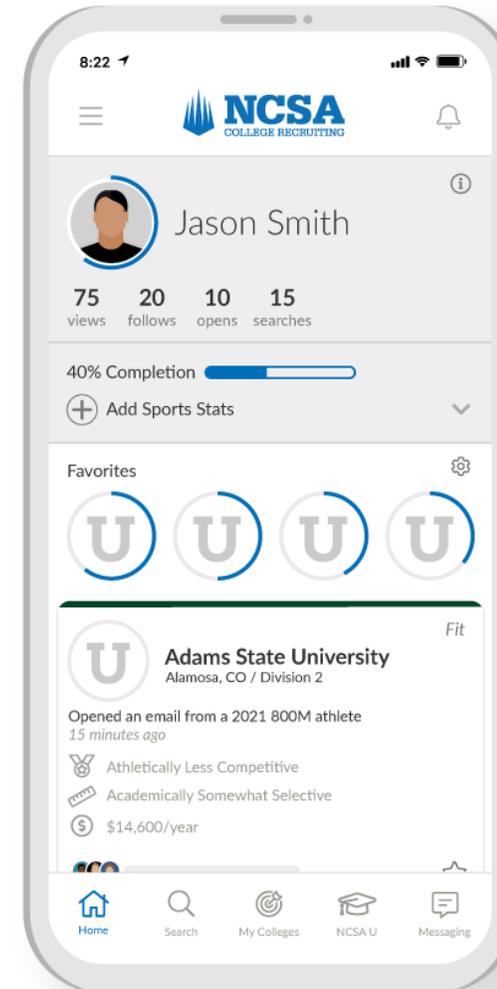
- Division
- All
 - Division I-A
 - Division I-AA
 - Division II
 - Division III
 - NAIA
 - JC

1-ON-1 RECRUITING GUIDANCE FROM AN NCSA RECRUITING COACH



Download the NCSA App

You'll know instantly when a college coach views or follows your profile, sends a personal message or posts a roster opening.



WANT MORE INFO? HAVE MORE QUESTIONS?

Schedule a Recruiting Assessment

Scan Code, Follow Link, or Send Email

30,000+ COMMITTED TO A ROSTER LAST YEAR ALONE



*Contact Julian Jenkins w/ Athlete Info,
Preferred Meeting Time
jjenkins@ncsasports.org
415-570-7530*